



# Office of Addiction Services and Supports

## Approved Adolescent Screening Instruments for Mental Health Problem Domains in NYS OASAS Certified Programs

**Introduction:** OASAS requires that all patients admitted to Certified Programs be screened for co-occurring mental health disorders in specified domains.

The following pages provide tables with the names of and links to the recommended screening instruments for required and non-required mental health domains.

Refer to *Guidance for the Use of Screening Instruments for Co-occurring Mental Health Conditions in NYS OASAS Certified Programs* for more detailed information before utilizing the screening instruments

## Section 1: Recommended Screens for Required Mental Health Domains

| Screening Instrument/ <i>(administered by)</i><br>*English Only                        | Items        | Administration<br>time in minutes | Link   |
|--|--------------|-----------------------------------|--|
| <b><u>General Mental Health</u></b>  |              |                                   |  |
| Pediatric Symptom Checklist 17 Youth<br>(PSC-17-Y)<br><br><i>(Self)</i>                | Seventeen    | 5-10                              | <a href="#">PEDIATRIC SYMPTOM CHECKLIST-17<br/>(PSC-17)</a>  |
| Pediatric Symptom Checklist 17 Parent<br>(PSC-17)<br><br><i>(Parent/Guardian)</i>      | Seventeen    | 5-10                              | <a href="#">PEDIATRIC SYMPTOM CHECKLIST-17<br/>(PSC-17) - Parent</a>   |
| Strengths and Difficulties Questionnaire<br>(S17+)<br><br><i>(Self)</i>                | Twenty-eight | 10                                | <a href="#">SDQ</a><br><br><a href="#">SDQ Scoring</a>   |
| <b><u>Patient/Client Safety</u></b>  |              |                                   |  |
| Columbia-Suicide Severity Rating Scale (C-SSRS) <sup>1</sup><br><br><i>(Clinician)</i> | Six          | < 5                               | <a href="#">Screener with triage for Emergency<br/>Departments</a><br><br><a href="#">Columbia-Suicide Severity Rating Scale (C-<br/>SSRS) Toolkit</a> |
| Ask Suicide-Screening Questions (asQ) <sup>1</sup><br><br><i>(Clinician)</i>           | Four         | < 5                               | <a href="#">asQ</a>  |

<sup>1</sup> Either C-SSRS or asQ must be administered to all adolescents.

## Section 1: Recommended Screens for Required Mental Health Domains

| Screening Instrument/(administered by)<br>*English Only                               | Items       | Administration<br>time in minutes | Link  |
|---|-------------|-----------------------------------|---|
| <b><u>Depression</u></b>  |             |                                   |   |
| Patient Health Questionnaire 9: Modified for Teens<br><br>(Self)                      | Nine        | < 5                               | <a href="#">PHQ-9: Modified for Teens</a>   |
| Patient Health Questionnaire 2: Modified for Teens<br><br>(Self)                      | Two         | < 5                               | Patient Health Questionnaire 2: Modified for Teens is the first two questions of Patient Health Questionnaire 9: Modified for Teens |
| Center for Epidemiologic Studies Depression Scale for Children (CES-DC)<br><br>(Self) |             | 5-10                              | <a href="#">Center for Epidemiological Studies Depression Scale for Children (CESDC)</a>  |
| <b><u>Perinatal Depression</u></b>  |             |                                   |   |
| Edinburgh Postnatal Depression Scale (EPDS)<br><br>(Self)                             | Ten         | 5                                 | <a href="#">Edinburgh Postnatal Depression Scale (EPDS)</a>   |
| <b><u>Trauma/PTSD</u></b>   |             |                                   |   |
| Child PTSD Symptom Scale (CPSS)<br><br>(Self)*  | Twenty-five | 15                                | <a href="#">The Child PTSD Symptom Scale (CPSS)</a>   |
| Child and Adolescent Trauma Screen (CATS) Youth Report<br><br>(Self)*                 | Forty       | 5-10                              | <a href="#">Child and Adolescent Trauma Screen (CATS) - Youth Report</a>  |
| <b><u>Anxiety</u></b>   |             |                                   |   |
| Generalized Anxiety Disorder 7 (GAD-7)<br><br>(Self)*                                 | Seven       | < 5                               | <a href="#">GAD-7 Screening Questions</a>   |

## Section 1: Recommended Screens for Required Mental Health Domains

| Screening Instrument/ <i>(administered by)</i><br>*English Only          | Items     | Administration<br>time in minutes | Link   |
|--|-----------|-----------------------------------|--|
| Generalized Anxiety Disorder 2 (GAD-2)<br><br><i>(Self)*</i>             | Two       | < 5                               | <b>GAD-2 is the first two questions of GAD-7</b>   |
| Screen for Child Anxiety Related Disorders (SCARED)<br><br><i>(Self)</i> | Forty-one | 15                                | <a href="#"><u>Screen for Child Anxiety Related Disorders (SCARED) Child Version</u></a> |

## Section 2: Additional Screenings for Non-Required Mental Health Domains

| Screening Instrument/(administered by)<br>*English Only  | Items        | Administration<br>time in minutes | Link   |
|--|--------------|-----------------------------------|--|
| <b><u>Attention Deficit Hyperactivity Disorder</u></b>   |              |                                   |  |
| Adult ADHD Self-Report Screening Scale for DSM 5<br>(ASRS-5)<br><br>(Self)                                       | Six          | < 5                               | <a href="#">Adult ADHD Self-Report Screening Scale<br/>for DSM 5 (ASRS-5)</a>                              |
| <b><u>Bipolar Disorder</u></b>   |              |                                   |  |
| Composite International Diagnostic Interview based<br>Bipolar Disorder Screening Scale (CIDI)<br><br>(Clinician) | Twelve       | 5-10                              | <a href="#">CIDI-based Bipolar Disorder screening<br/>scale</a>  |
| Altman Self Rating Mania Scale<br>(ASRM)<br><br>(Self)   | Five         | < 5                               | <a href="#">Altman Self Rating Mania Scale<br/>(ASRM)</a>  |
| <b><u>Eating Disorders</u></b>   |              |                                   |  |
| Eating Disorders Examination Questionnaire<br>(EDD-Q)<br><br>(Self)  | Twenty-eight | 15                                | <a href="#">EATING QUESTIONNAIRE</a>   |
| Eating Disorders Diagnostic Scale (EDDS)<br><br>(Self)   | Twenty-two   | 10                                | <a href="#">EATING SCREEN</a><br><br><a href="#">Scoring:</a><br>See last two pages of article for scoring |